



पनवेल महानगरपालिका

ता. पनवेल, जि. रायगड, पिन नं. ४१० २०६



कार्यालय : २७४५८०४०/४१/४२ फॅक्स नं. : ०२२-२७४५२२३३ Email : panvelcorporation@gmail.com

जा.क्र./पमपा /माव्य./९९२३/प्र.क्र. ६०/५०५/२०२३

दिनांक :- १४ / १२ / २०२३

जाहिर सूचना

पनवेल महानगरपालिका हद्दीत प्रभाग समितीनिहाय ४ महिला व्यायामशाळा उभारणेकामी जीम साधने पुरविणे व बसविणेकामी दर मागविणेबाबत इच्छुक व्यक्ती / संस्था यांचेमार्फत दर मागविणेत येत आहेत. सदरचे निविदा दर दिनांक १५/१२/२०२३ ते दिनांक २६/१२/२०२३ रोजी सायं ४.०० वाजेपर्यंत महानगरपालिकेच्या मालमत्ता विभागाकडे समक्ष सादर करावीत. सदर दिनांकानंतर प्राप्त झालेले दरपत्रके विचारात घेतले जाणार नाहीत.

पनवेल महानगरपालिका हद्दीत प्रभाग समितीनिहाय ४ महिला व्यायामशाळा उभारणेकामी जीम साधने पुरविणे व बसविणेकामी दर मागविणेबाबत.

SPECIFICATION FOR SINGLE STATION GYM UNIT

Sr.No.	Particulars	Description	Quantity	Rate
1.	STRUCTURE AND FRAMES	Structural frames are fabricated from 100 x 50 x 2.5mm thick Capsule(Oval) shape steel tubing. Other side frames to ensure superior strength and to eliminate joint failure.		
2.	Guide Bar Top Bottom Support And Bracket	All Top And Bottom Vertical Pipe Link Made of 100 x 50 x 2.5mm thick Capsule Oval Shape steel tubing With Guide Bar Support Bush Size 40mm Dia 26mm Inside Diameter 40 mm Long Bush Weld On Edge For guide support Also Plus Shape Laser Profile Bracket Size 180mm Long X 180mm Width 5 mm thick M.S. Sheet Bending Design For Connected Guide Bar Top And Bottom Support To Vertical Main Frame Pipe		
3.	WEIGHT STACK	M.S (mild steel Bright Material Grade) weight stack 80-to-100- micron powder coated with 2 Nylon bushes Each Plate to avoid noiseless operations and all Top Plate use Glass-field Nylon Guide bush of size 40 mm DIA, 70 mm long with press fit on all weight stack Top Plate only, all plates should be polycarbonate Colorful sticker Size 20mmX90mmX 175 micron Thick, with LBS and KG Weight Description like 11 LBS To 220 LBS And 5kg to 100kg (as per required weight stack) at front side.		

Sr.No.	Particulars	Description	Quantity	Rate
4.	FULL COVER FOR WEIGHT STACK MAIN FRAME	All Main Frame of weight stack should be full covered (weight stack area front and All Four side) using M.S sheet 1.5mm to 2mm thick which shall have no sharp edge to be mounted on main frames, weight stack cover complete is in bending design. Weight stack cover should be removable, or nut bolted. Cover size 1500 X 730 X 80 mm X 1.5 To 2mm Thick.		
5.	GUIDES	25mm DIA Guides Stainless steel SS202 grade Tube / 25mm DIA MS Bar Chrome Plated guide support used for weight stack.		
6.	CENTER SUPPORT	25mm DIA center support for weight stack selection is made up of stainless steel SS202 grade Tube steel finish. For Leg Press, Lat, Single Hand Center Support Top Side Insert M.S. 25 DIA bar 75 mm long Chrome Plated , for wire rope insert and 3 hole for wire rope tightening, bar covered with Soft PVC Cap 75mm long 50 OD and 25.5 ID		
7.	<u>BEARINGS</u>	<u>Details as mentioned below;</u>		
	LAT WITH ROW MACHINE	6203, Lubricated high Grade 'ZZ' steel ball bearing		
	PEC FLY WITH REAR DELT MACHINE	30205, 6205, Lubricated high Grade 'ZZ' steel ball bearing. And For Handle Self Lubricated Imported Bush		
	PREACHER CURL	6005, 6305, Lubricated high Grade 'ZZ' steel ball bearing.		
	SEATED VERTICAL CHEST PRESS MACHINE	6205, Lubricated high Grade 'ZZ' steel ball bearing		
	SHOULDER PRESS	6205, Lubricated high Grade 'ZZ' steel ball bearing.		
	MULTI FUNCTIONAL TRAINER	Linear bearing U25 and sliding pulley bracket use self-lubricated imported bush		
	ABDOMINAL CRUNCH	30204, 30203, Lubricated high Grade 'ZZ' steel ball bearing.		
	LEG EXTENSION	30204, 30203, Lubricated high Grade 'ZZ' steel ball bearing.		
	LEG CURL	30204, 30203, Lubricated high Grade 'ZZ' steel ball bearing		
8.	SELECTOR PINS	Magnetic selector pins; made up of high-quality steel 8mm with spring wire mechanism and nylon knob.		
9.	SPRING KNOB	All Spring Knobs Made of MS steel Chrome Plated Knob Dia 44 mmOD and Pin DIA is 10mm OD Spring Knob Should Be In Appropriate select Position With Tightening System		
10.	Wire rope and Spring snap hook	5 mm thick Nylon Coated Wire rope are used , Snap Hook size 7 X 70mm made of MS steel with chrome Plating snap hook attached with MS 25 DIA bar 80 mm long for wire rope insert and 3 hole for wire rope tightening, bar covered with 65mm long 35 OD and 25.5 ID PVC cap Used For Lat, Single Hand And Leg-press		

Sr.No.	Particulars	Description	Quantity	Rate
11.	PULLEY	Pulley used are made up of high-quality glass filled nylon material 105 mm DIA 19 mm Thick and 10 mm deep grooved, to support cable and double 'ZZ' bearing with M8 pin is used which ensures superior strength and longevity.		
12.	CUSHION/PADDING	Seats and pads are made up of 16mm thick plywood padded 40 mm of high-density Moulded foam and All Back Rest Cushion One Side Half Round Shape and Other Side Radius finally covered with completely stitched heavy vinyl cover in any suitable color.		
13.	FOAM ROLLER	Foam roller made up of Moulded Polyurethane Flexible Foam Roller, foam Roller Size 140 mm DIA 200 mm Long and both ends inside and outside are covered with aluminum or mild steel chrome plated or PP caps using M10 Allen bolt.		
14.	HARDWARES	All hardware's used are button heads bolts and NY lock Nut and made up of high tensile steel.		
15.	HAND GRIPS And Closing Caps	Hand grips is used on handles wherever necessary made up of high- quality rubber and handle end and Before the Grips covered with aluminum or mild steel chrome plated or PP caps inside caps fit with M6 Grub Screw And Outside Cap Fit With M10 Allen Bolt for life longevity.		
16.	PEC FLY HANDLE	50mm X 50mmX2mm thick Mild steel Tube material steel finish		
17.	LAT 'T' For Thigh Support	LAT 'T' Thigh Support made of 75X40X1.5mm Thick Capsule Oval Shape SS202 Grade Material Attach 25mm Dia Round Pipe SS202 Grade Material For Cushion Roller Support with Steel finish and height adjustable spring knob system.		
18.	LAT HANDLE	Made from 25mm DIA SS202 Grade Material with Steel finish Bending Design, Attach 38 Dia Bush 27 ID 40 mm Long with 5mm thick D shape laser profile For Snap Hook Attachment weld on Top Side , Also Attach 2 Locking Washer 38 mm Dia 27 ID 8mm thick 2 nos, With Grips,		
19.	LEG EXTENSION	Structure frame made up of 100X50X2.5mm thick pipe rectangular steel tubing with bending design with complete seat adjustable mechanism for leg extension workout.		
20.	LEG CURL	Structure frame made up of 100X50X2.5mm thick pipe rectangular steel tubing with bending design with complete seat adjustable mechanism for leg curl workout.		
21.	SINGLE HAND HANDLE	Single hand pulley handle made-up of M.S bar Bending Design, Handle Portion 25mm DIA Knurling For Better Grip chrome plated.		
22.	Pec Fly Height Adjustable Seat	Seat Frame Made Of 75X40X1.5mm thick SS202 Grade Capsule Oval Shape Pipe with 8 Slot For Different seating Positioning , Attached With Top Side Used 200mm X250mmX3 mm thick Laser Cutting M.S		

Sr.No.	Particulars	Description	Quantity	Rate
		Sheet For Cushion Support		
23.	ROWING HANDLE	Rowing handle made up of 25mm DIA stainless steel Tube SS202 grade material steel finish. With Grips Attach 38 Dia Bush 27 ID 40 mm Long with 5mm thick D shape laser profile For Snap Hook Attachment weld on Top Side , Also Attach 2 Locking Washer 38 mm DIA 27 ID 8mm thick 2 no's, With Grips,		
24.	Pulley Bracket	Use laser cut attractive design pulley Bracket for Single hand, Pec Dec, Lat, Leg Press of 4 mm thick MS		
25.	Single Hand Handle Support pipe With Sliding Bracket	Single hand Handle Pulley Bracket sliding support Pipe Made of 75mmX40mmX1.5mm thick SS202 Grade steel Capsule Oval Shape Pipe for superior strength and longevity Sliding Bracket Made Of 100 X 50 X 2.5 mm Thick Capsule Pipe Attached with 4mm Thick laser cut attractive design pulley Bracket for Two pulley,		
26.	All Bottom Anti skied Padding	All Bottom Anti skied Padding Made Of M.S Plate 120mm X 100mm X 8mm Thick Plate All Side Covered with 150mm X130mm X15mm Thick Anti Skied Moulded Rubber Padding With non-Removable Locking System,		
27.	POWDER COATING	All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 80–100-micron thickness to make it resistant to scratch, corrosion and humidity in dual color combination.		
28.	Machine Name with exercise Chart sticker	Sticker Made of polycarbonate Mat Finish 175 micron thick Adhesive 3M, install all machine name with how to use picture start and end position, With Exercise Effect On Which Body Muscle Part picture, Sticker Minimum Size -270mm X 70mm 4 no's		
		TOTAL		

OTHER FITNESS EQUIPMENT & ACCESSORIES

Sr.No.	Particulars	Description	Quantity	Rate
1.	Rubberized Dumbbells	Rubberized Dumbbells		
2.	Rubberized Weight Plate	RUBBERIZED WEIGHT PLATE 52 MM Bore		
3.	Olympic BARBELL BARS 28 MM DIA WITH COLLARS (chrome plated)	Barbell bar of 28mm dia bar with sleeve 50mm dia collar dulychrome plated suitable for Olympic Plates.		

Sr.No.	Particulars	Description	Quantity	Rate
4.	Treadmill	Dimension : 2165*950*1775mm Running area: 600 * *1530mm Motor Rated power: 3HP; Max Power: 7.0HP Incline range: 0-20% Speed range: 1.0-20.0 km/h 15" LED Screen with KOREA INVERTER		
5.	Spine Bike	Dimension: 1130*640*1180mm Heavy duty metal tubes with scratch- resistance coating. Adjustable resistance – ‘+’ ‘-’ tension control. Height adjustable multi-position handle bar. Transportation wheels for easy portability. Handle bar post is also designed as a one solid body bracket. Pad tracking system with infinity adjustable breaking power.		
6.	Elliptical Cross Trainer	Dimension: 2100*760*1820mm Computer With LED Displays: Time, Speed, Distance, Calorie, Scan and Pulse. Self-Generation : 18-Step resistance Max User Weight : 180Kg N.W./G.W : 130KG / 149 KG		
7.	Stair Master	* 18.5-inch touch screen makes the operation more intuitive and responsive. * Using the world's hottest active trainer running software. * The highly sensitive motor is more durable and provides smooth speed conversion (from 12step/minute to 185 steps/minute) in 25 speed levels. * The start, stop and speed buttons on the armrest allow the user to adjust the training intensity at any time during training. Technical Specification 1. Maximum Load : 180Kg 2. Step depth 220mm, Pedal Depth 220mm 3. Power 220V 4. Size 1750*830*2600mm		
8.	Water Rowing	* Dimension: 1920*590*530 * Material: Aluminium * Usage/Application: Commercial * Automation Grade: Manual		
9.	Gym Mat Flooring	* 500*500*10mm thickness. Rubber mat with granules fill.		
10.	Mirror	* Mirror for Gymnasiums with aluminium fixation		
11.	Swiss Ball 75, 85 CM	* PVC material construction * Ideal for back exercises, sit ups & general fitness * Anti burst ability for upto 2000 Lbs * With high quality foot pump		

Sr.No.	Particulars	Description	Quantity	Rate
12.	Medicine Ball 1 – 5 Kg	* Textured finish * Strong core * Better balance * Made rubber with textured surface * High bounce * Weighted with rubber & air		
13.	Yoga Mat	* Anti Slip Surface * Yoga Mat Does Not Accumulate Dirt or Dust Easily. Hygienic And Anti-Bacterial Quality. PVC-Polyvinyl Chloride Layer		
		TOTAL		

या कामी अटी व शर्ती खालील प्रमाणे:-

- १) संस्था नोंदणी प्रमाणपत्र.
- २) पॅनकार्ड (संस्थेचे नावाने अथवा मालकाचे नावाचे)
- ३) नमुद केलेले दर हे सर्व प्रकारचे वाहतुक खर्चासह समाविष्ट असावेत.
- ४) सदरची जाहीर सूचना फक्त दर खात्री करणे करीता मागविणेत येत आहे.
- ५) या कामी काही माहीती हवी असल्यास मालमत्ता विभाग, पनवेल महानगरपालिका येथे संपर्क साधावा.
- ६) या कामी दरांची खात्री झालेनंतर जाहीर ई-निविदा मागविणेत येईल.
- ७) प्राप्त जाहीर निविदा सूचना दर स्वीकारण्याचे अथवा नाकारण्याचे अधिकार निविदा समितीला असतील.

(डॉ. वैभव विधाते)
 उप आयुक्त, (मालमत्ता)
 पनवेल महानगरपालिका